MIDDLE SCHOOL LUNCH MENU- WINTER 2016 & 2017

Menus alternate from A to B each Monday

	Week A Menu	Week B Menu
Students may choose ONE Entrée each day	October 31st	November 7th, 28th
	November 14th, December 5th	December 12th
	January 2nd, 16th	January 9th, 23rd
MEATLESS	Macaroni & Cheese with a Side of Veggies*	Bean & Cheese Burrito *
	► Southwest Bowl with Beans, Rice, & Cheese*	Vegetable Lasagna*
	► Cheese Pizza Slice *	► Cheese Pizza Slice*
Tuesday	Chicken Nuggets & Potato Rounds	Mandarin Mango Chicken & Rice
	Chicken Alfredo Pasta with Veggies	Pasta with Homemade Meat Sauce
	Pepperoni Pizza Slice**	Pepperoni Pizza Slice**
	► Cheese Pizza Slice *	► Cheese Pizza Slice*
Wednesday	Ham & Cheese Croissant Sandwich**	► Turkey Hot Dog
Thursday	► Hot Tamale Pie	► Roast Chicken Leg with Fall Veggies
	Teriyaki Chicken & Chow Mein	Homemade Chicken Burrito
	Pepperoni Pizza Slice**	Pepperoni Pizza Slice**
Friday	Roast Turkey with Gravy & Stuffing	► Salisbury Steak with Mashed Potatoes & Gravy
	BBQ Pulled Pork Sandwich **	► Cheeseburger
	► Cheese Pizza Slice*	► Cheese Pizza Slice*

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Lunch Entree Side Items

The above entrees include choice of the following side items:

- Fresh Fruit
- Salad bars offering a variety of locally grown fruit, vegetables, and canned fruits
- Whole grains including crackers, bread rolls, chips, cookies
- Non-Fat Chocolate Milk
- Low Fat 1% White Milk

- ** Item contains pork
- * Vegetarian option/ NO MEAT

Poultry items are stated on menu. All other items contain beef. A vegetarian option is available daily. For a daily vegetarian menu please contact Child Nutrition Services office.

A turkey sandwich is available daily as a 3rd menu option.



Drinks! Drinks! Drinks! Milk, Juice, and Water may be purchased separately (a-lacarte) for 50 cents

Meal Prices

Full Price\$3.25 Reduced Price......\$0.40 Adults.....\$3.75



Visit our Website at: campbellusd.org/food

• Online free & reduced meal application processing

- Menus
- Nutrition Information
- Online payments through MySchoolBucks.com

Please remember to fill out a new application for free & reduced meals. Log on our district website to get started! You can also check your child's balance or transaction history.

Pay by Check or Cash

To pre-pay by cash or check, enclose payments in envelope provided in the school office. Payments can be



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